

Description of Item



Plastic Floor Mat

- Mass: 2 kg
- Material: Virgin Polyester from PET granulate
- Plastic packaging material: LDPE film

Functional unit

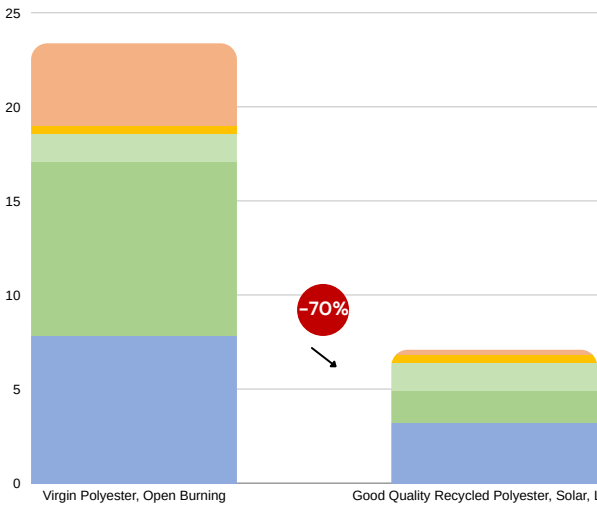
Use of 1 mattress for 10 years

Item	Use life	Reference Flows
Virgin Polyester	5	1
Good Quality, Recycled	5	1
Poor Quality, Recycled	3	1.67

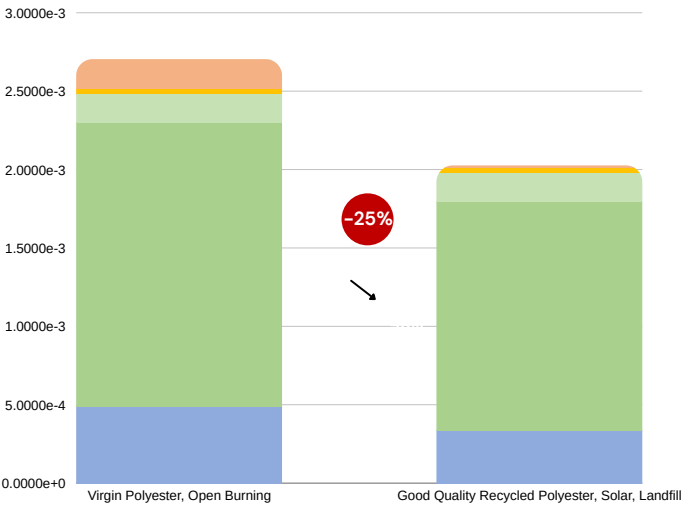
Assumptions

Baseline product produced in India, sent to port by freight train, and shipped to warehousing and distribution locations. Assumed o be hand washed once a year. Open burning assumed for end-of-life.

Results of the computation



Stage	kgCO ₂ e	
	Scenario 1	Scenario 2
Raw Material	3.20	0.23
Production	9.22	1.74
Transportation	1.48	1.48
Use	0.44	0.44
End-of-Life	4.37	0.00



Stage	Human Health	
	Scenario 1	Scenario 2
Raw Material	4.89E-04	3.37E-04
Production	1.81E-03	1.46E-03
Transportation	1.85E-04	1.85E-04
Use	3.23E-05	3.23E-05
End-of-Life	1.88E-04	1.20E-05

Variations (% from baseline figures presented above)

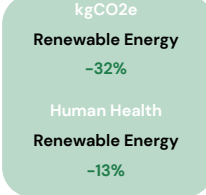
To use recycled material

Computation made by considering recycled polyester – of good quality (5 yrs) & bad quality (3 yrs)



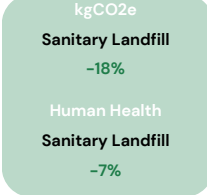
To use renewable energy for production

Computation made by considering 100% solar energy for electricity & heat



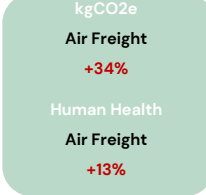
To switch to sanitary landfills

Computation made by considering sanitary landfill (moist infiltration class) at end-of-life



To transport by air

Computation made by considering air freight for international transportation instead of maritime shipping (emergencies)



Best Possible Scenario

Computation made by considering recycled polyester produced with solar energy, disposed in a sanitary landfill



Analyses

combining **recycled polyester**, **renewable energy for electricity and heat at production phase**, and landfill instead of open burning account for the impact reduction of the synthetic blanket.

The highest singular impact reduction point is **energy for production, providing 32% reduction in GHG emissions and 13% in impact on human health**.

Emission factors

The values displayed here are not per functional unit but per item. These values can be used to compute a carbon footprint of an organisation and can be adapted to a specific case using the tool

Name	GHG Protocol Categories	kgCO ₂ e/unit
Cradle-to-grave	N/A	23.38
Cradle-to-gate	3.1 Purchased Goods	17.08
Distribution freight	3.4 and/or 3.9 Transportation	1.48
Use phase	3.11 Use of distributed product	0.44
End-of life	3.12 End of life of distributed product	4.37

References

Wernet, G., Bauer, C., Steubing, B., Reinhard, J., Moreno-Ruiz, E., and Weidema, B., 2016. 'The ecoinvent database version 3 (part I): overview and methodology'. The International Journal of Life Cycle Assessment, [online] 21(9), pp.1218–1230. Available at: <http://link.springer.com/10.1007/s11367-016-1087-8>.

Rajput, A., Tobin Greene, C. and Schmid, S. (no date) 'Life Cycle Assessment (LCA) Methodology'. Available at: https://climateactionaccelerator.org/wp-content/uploads/2025/06/EPFL_LCA_methodology_v1.0.pdf.

Repository of life cycle assessments – Climate Action Accelerator (2025). Available at: <https://climateactionaccelerator.org/repository-of-lifecycle-assessments/>.

About this project

Designing methodologies and performing life cycle analyses of high-impact items to build a GHG emission factor and environmental impact database adapted to the humanitarian sector with the goal of identifying key strategies to reduce environmental impacts.

EPFL EssentialTech Center:

Dr. Grégoire Castella, Dr. Cara Tobin, Emeline Darçot

EPFL LEURE:

Dr. Sascha Nick, Ashima Rajput

International Committee of the Red Cross (ICRC):

Anna Maria Liwak, Carmen Garcia Duro

Climate Action Accelerator:

Bruno Jochum, Sonja Schmid, Paolo Sévègnes

Associated expert:

Dr. Damien Friot